

BARREL SAUNA

Your wellness escape starts here with our **ALL NEW Barrel Sauna**



Available in either **infrared** or **steam**, our new barrel sauna is the perfect fusion of craftsmanship, wellness and outdoor living.

Made from Canadian rustic cedar, it offers a naturally aromatic and durable environment that enhances every sauna session.

The distinctive rounded shape ensures superior heat circulation for an efficient, even sauna experience that soothes muscles, clears the mind, and revitalizes the body. Its eye-catching design makes it a standout addition to any home.

Whether you're seeking daily stress relief or a luxurious wellness upgrade, the barrel sauna brings the spa experience to you.

SPECIFICATIONS

- Infrared or Steam
- **1880mm depth. 1828mm diameter**
- Canadian rustic cedar
- Shingle roof
- 25 AMP hardwired

ACCESSORIES:

- Explosive light
- Wood barrel & scoop
- Metal door handle
- Full glass door
- 2 Seat benches
- Wooden lay down (back rest)
- 6kw harvia stove (steam only)



Steam



Infrared

All dimensions are estimates only.

WARRANTY - Up to 5 years



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SCAN HERE
to see our
range of
saunas

Barrel Saunas – technology and benefits

Experience the power of heat therapy with our barrel saunas – **Infrared & Steam Options Available**
Step into wellness with our beautifully crafted barrel saunas, designed to deliver the full benefits of both infrared and steam heat therapy. Whether you're seeking detoxification, relaxation, or muscle recovery, our saunas offer a natural, effective solution.

Our infrared barrel saunas use deeply penetrating heat to warm the body from within – stimulating circulation, easing joint and muscle pain, and supporting deep cellular detox, all in a dry, comfortable environment.

Our steam barrel saunas surround you in warm, humid air that soothes respiratory passages, opens pores, and promotes healthy, radiant skin. Offering a classic sauna experience that leaves you refreshed and invigorated.

With our barrel saunas, you're not just investing in a product, you're investing in your health, comfort, and daily escape into rejuvenation.

Steam Sauna Benefits

Skin Cleansing & Hydration

Steam opens pores and deeply hydrates the skin, helping to clear impurities and leave it glowing.

Respiratory Relief

Warm, moist air soothes the sinuses, eases congestion, and supports easier breathing.

Stress Reduction

The enveloping steam calms the nervous system, helping melt away stress and tension.

Circulation Support

Steam heat increases heart rate and blood flow, supporting overall cardiovascular health.

Detoxification

Heavy sweating helps flush out toxins, promoting a natural cleanse from the inside out.

Muscle Relaxation

The heat helps loosen tight muscles and reduce stiffness. Perfect after physical activity.

Joint Support

Moist heat penetrates joints, easing discomfort and increasing mobility.

Immune Boost

Raising body temperature through steam can mimic a mild fever, supporting immune function.

Calorie Burn

The cardiovascular effort of sweating may help burn calories while you relax.

Infrared Sauna Benefits

Detoxification

Infrared heat boosts circulation and stimulates sweat glands to help flush out built-up toxins.

Stress & Fatigue Reduction

Just minutes in the soothing warmth promotes deep relaxation and renewal.

Workout Recovery

Improves blood flow to tired muscles, easing tension and speeding recovery.

Circulation Boost

Sweating increases heart rate and circulation – burning calories and improving metabolism.

Lower Blood Pressure

Infrared heat may support healthy blood pressure by enhancing circulation and deep sweating.

Skin Rejuvenation

Stimulates collagen and elastin, helping skin look firmer, smoother, and more radiant.

Pain Relief

Penetrates deeply to soothe joints, muscles and tissues, supporting healing and relief.

Immune Support

Raises core temperature to trigger an immune-boosting, fever-like response.

Wound Healing

Speeds up healing and reduces the appearance of scars through improved circulation.



Please seek your own medical advice prior to using a sauna.



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